Specifications for card printing

- Cards are printed on the front (e. g. English) and back (foreign languages, e. g. German, Turkish, Russian, Arabic).

- Use cardboard of approximately 250 g so that the back of the card does not show through when backlit.

- The cards are cut to fit a standard DIN A4 laminating film (approx. 125 microns) and the top edge is trimmed by 2 cm. The size of the cardboard will then be approximately 190mm x 290mm. When laminating, this will result in an edge of laminating film approximately 20mm wide with no cardboard in between, see illustration below.

- On the top edge (landscape format, 20 mm laminate edge), 2 holes are punched in the centre, 80 mm apart, for attaching the ball chains.

- The perforation should only go through the laminated film and not through the laminated cardboard. Otherwise, the disinfectant solution could seep into the cardboard and damage it.

- To hang the cards, use a 25cm ball chain with a split ring.

- Example

Fasting Card   **green**

Dear Patient, due to your upcoming operation/examination your oral intake is limited to the following:

1. Normal Diet	Till the eve of your operation/ examination
2. Light Diet e. g. toast, yoghurt, milk	Till midnight
3. Clear liquids, tea and coffee, if desired with honey, sugar and/or some milk	Till transport to operating theatre/ examination

For your own safety, please adhere to these recommendations.

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